



# Me, My Health and My Diabetes Team

**Know your team.** Stay Connected. Prepare for your Diabetes Care. Live Well.

My Team	Name	Telephone /Fax Numbers	Address /E-mail
Family Doctor/Nurse Practitioner			
Nurse			
Dietitian			
Pharmacy/Pharmacist			
Social Worker/ Mental health specialist			
Eye doctor (Optometrist/Ophthalmologist)			
Diabetes doctor (Endocrinologist)			
Kidney doctor (Nephrologist)			
Heart doctor (Cardiologist)			
Physical activity expert (Exercise physiologist, kinesiologist)			
Naturopathic care provider			
Other			