

Topic	Instruction date & initials	Comments
<b>1. Cognitive Assessment</b>		
<b>2. Insulin delivery</b>		
• loading		
• appropriate mixing		
• priming shot		
• dialing up dose		
• delivery of insulin		
<b>3. Insulin</b>		
• type/action time		
• frequency/timing		
• injection sites		
• needle length		
• storage/expiry		
<b>4. Return demonstration</b>		
<b>5. Hypoglycemia</b>		
• signs/symptoms		
• causes/preventions		
• treatment		
• diabetes identification		
<b>6. Glucose checks</b>		
• recommend a monitoring schedule		
<b>7. Sharps disposal</b>		
<b>8. Snacks</b>		
<b>9. Driving</b>		
<b>10. Instructions for oral medication</b>		
<b>11. Follow-up</b>		
• dose adjustment		
• A1c every 3 months		